



# Chelsea Intermediate School News – February 2010

## Note from the Main Office

Dear Parents,

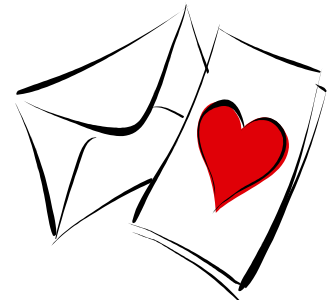
We've had a great kick off to the new year here at Chelsea Intermediate School. We want to thank the FSP for their efforts to make our Book Fair such a huge success. The money they raise helps us add to our literary collections in the library and classrooms. They have also organized the Valentine's Day assembly, which will be a great deal of fun for all of our kids. Just as a friendly reminder, please check your child's classroom newsletter for guidelines regarding the classroom parties. We hope to ensure that everyone has the necessary information to send their child with the appropriate Valentine's on February 12<sup>th</sup>.

Thanks so much for your continued support of our schools. Your participation as parents is what makes this joint venture such a success. The winter months can be challenging for kids, especially as the curricular expectations continue to grow. As always, we encourage you to let us know if we can provide additional support for you or your child as we progress throughout the year.

Enjoy the snow!

Sincerely,

Mrs. Kristin Simpkins, Principal    Ms. Lisa Scolaro, Assistant Principal



## Reminders

Please remember that the building is not open for students until 8:45 in the morning. Please do not drop your child off before this time, as we do not have supervisors on duty prior to 8:45. Our primary concern is the safety of your child. Thank you for your cooperation in this matter.

Make sure to check our virtual backpack located on our website [www.fsd157c.org](http://www.fsd157c.org). A hard copy of important information from the district goes home with your child and is placed in the virtual backpack as a duplicate copy. Messages on fliers from our community partners, government agencies, and select businesses will no longer go home in backpacks, but will be posted on our website in the virtual backpack. Check it often so that you have all the latest information!



## Technology Time

With Ms. Plestina

At the end of January, students with permission slips signed affirmatively, created a web page for Jump Rope for Heart online donations. The skills learned included reading directions, following the website's content, customizing a web page, and creating a PDF. Thank for your support!



The **third graders** will begin an Internet unit. Using educational websites, they will learn terms, such as, URL, address bar, extension, and tabs.

**Fourth graders** have finished their essay projects! We will begin using Type to Learn 4. Students will compare and contrast the difference between Type to Learn 3 and 4. They will also learn how to fill in the TTL4 tracker sheet I will pass out.

**Fifth graders** are hanging in with me on the Excel at the Stock Market Game Project. In their Excel workbooks, they have learned how to add headers, comments, and borders to their worksheets. In February they will transfer their data from their Stock Trackers to their worksheets. Then they will create graphs using the MS Wizard. Your child should complete the Excel at the SMG Project by the end of February.

Soon I will be handing out *Click!* software order forms for January and February.

[dplestina@fsd157c.org](mailto:dplestina@fsd157c.org) 815 469 2309

## Art News

**Fifth grade** students have been working very hard to learn the ancient art of Tessellations. Inspired by the art of M. C. Escher, students will be adding color to their imaginative repeating designs.

Perspective is the **fourth grade** word for February. Students have been making optical designs using one point perspective. As they add pattern and color, students are seeing that perspective can give a 2 dimensional work of art visual form.



Chelsea **third graders** learned about the French word "collage", which means to glue. While making collages, students are learning the four color schemes; primary, secondary, warm, and cool. Ask your third grader how to make a collage from only two lines and four color schemes.

Please be sure to ask your children about supplies. Many students are low on pencils, glue sticks, colored pencils and markers.

## Character Counts

### RESPECT

**"We must learn to live together as brothers or parish together as fools"**  
**Martin Luther King, Jr.**

February Character Counts Pillar is Respect.

Children will participate in lessons focused on playing by the rules, taking turns/sharing, being open-minded, listening to others, not taking advantage of others and not blaming others carelessly.

Respect is showing others they are valued for who they are, for their character, not what they look like or what they have. It means never insulting or making fun of others who are different in looks, ability, race or religion. A respectful person is polite to others.

(Information provided by [ccounts@CharacterCounts.Chaves.NM.US](mailto:ccounts@CharacterCounts.Chaves.NM.US))

## PLASE

The next general meeting for PLASE will be held on Tuesday February 9, 2010 from 7:00 PM at the Pioneer Grove Education Center, 601 Willow Street. For more information you may call (815) 806-4600. The website is [www.lwase843.org/plase.asp](http://www.lwase843.org/plase.asp).

### February Chelsea Dates to Remember

|         |  |
|---------|--|
| 2/02    | Choir Hot Lunch  |
| 2/09    | Bosco Sticks   |
| 2/10-11 | Jump Rope For Heart  |
| 2/12    | Family Sports/Fitness Night 5:30-9 PM                              |
| 2/15    | No School President's Holiday<br>Board of Education Meeting @ 7 PM |
| 2/16    | FSP Hot Lunch  |
| 2/19    | School Spirit Day  |
| 2/25    | End of Trimester   |
| 2/26    | No School Teacher Institute  |
| 3/01    | No School Pulaski Holiday  |



## Physical Education News

Classes will be keeping busy from January through March with many activities. Students will spend a month in each of our 3 PE centers.

In the *South Gym*, classes enjoy Volleyball, Paddleball, Badminton and a variety of fun games using our new mats. **We want to express our thanks to the Education Foundation and the Athletic Boosters for their generous donation that allowed us to purchase these new mats for our students.** Twelve new tumbling mats have been great and already put to use in this games unit. We will also get plenty of use out of them for our tumbling, fitness, and exercise units.



In the *North Gym*, classes are playing Basketball; they are involved in a Fun and Games Unit and concluding with their mid-year physical fitness testing. **Thirty new exercise mats are being put to good use here, too!**

In the *North Café*, our classes are enjoying Wii Fit and are also using our new individual mats for their Wii Fit station work. **Again a big thank you to the Foundation and Booster Club for this donation!** The students are keeping busy with Dance, Dance Revolution, exercises with our exercise balls, and having a great time using the climbing wall with its resistance training stations, climbing challenges, and the new obstacle course. **Thanks again to the Athletic Boosters for their donation which helped to extend the climbing wall further around the gym!**



All students got together for a day spent on Recycling. We had guest speakers, a video on recycling, and a new program we are implementing here at Chelsea. As Chelsea continues to “Go Green”, the students are learning more and more ways to help the environment. Our new collection here at Chelsea involves PAPER. We have always collected paper in our regular recycling program, but are taking it one step further.

**!!! THIS IS NEW !!!**

Students, teachers, and community can get involved in this great recycling program. We have a new collection bin – it’s green and yellow – **located in the north parking lot off of Sauk Trail.** Students here are separating paper items from our regular recycling as well as bringing in papers from home. **Community members may drop off their recyclable paper at this new collection bin.** We can take white school paper, office paper, junk mail, magazines, sales ads, catalogs, and newspapers! The company collecting our used paper will pay the school for our donation! (No phone books, cardboard, or paperboard, please.)



Learn and Live

### Looking ahead:

Jump Rope for Heart envelopes will be coming home soon. For those who participate, the on-line donations and matching funds really boost our donations to The American Heart Association.

Students will be participating in our new Bully Prevention Program. Students will meet next week to hear what’s new at Chelsea as we continue to enhance this program.

Keep saving Box Tops for Education and pop tops for the Ronald McDonald House.



## DARE Program News

In 5th grade, the DARE program teaches students to act in their own best interest when facing high-risk, low-gain choices and to resist peer pressure and other influences in making their personal choices regarding tobacco, drugs, and alcohol. We are continuing this valuable program at Chelsea next year. You may have read about other schools cancelling the DARE programs, but these are run by different police agencies in the area. Our program is operated by Frankfort Police Department and will continue.

## Note from the Nurse

Please take a few moments to review the important health information below. Keep this information in a safe place to refer to as needed. If you have questions, please contact your child's school nurse for further instructions.

**To help create a healthy classroom, the Illinois Department of Public Health recommends that your child stay home when the following conditions occur:**

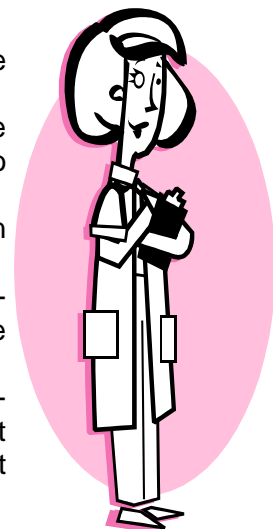
**Fever** – body temperature of 100 degrees F or above is considered a fever. Children are required to stay home for at least 24 hours after the fever has gone down.

**Runny nose** - children transmit germs on their hands from wiping their noses. Please encourage thorough hand washing with soap and water. Children are recommended to stay at home if the nasal drainage is not clear or is a copious amount.

**Diarrhea, Nausea or Vomiting** – to decrease the possible spread of disease, children are required to stay home for at least 24 hours after the last episode.

**Pink Eye** – may be viral or bacterial. Any child with symptoms (swelling, redness, itching, drainage) will need to be seen by a physician. Antibiotics, if prescribed, need to be given at least for 24 hours before returning to school.

**Head Lice** - We would also like you to include checking your child's head for the presence of head lice as part of your hygiene practices. If you have any questions about what to look for, or think a family member might have head lice please call the nurse at your child's school.



### Guidelines for Food Items Brought to School

All food items that are brought to school by parents or students that are meant for distribution to a group of students must adhere to the following guidelines. This includes food brought in before, during and after school hours. All food items must be:

- Commercially prepared
- Individually wrapped
- Include an ingredient label
- Avoid all ingredients that indicate the presence of peanut products as indicated by the "Food Allergy and Anaphylaxis Network".



Please check the district website for the "Updated Safe Foods List" or contact your schools' nurse if you have any questions.

## Music News

All **third grade** classes will work with a partner and/or in small groups performing songs with body percussion accompaniments. In addition, all classes will recite and perform several musical dramas during this month.

**Fourth grade** students have officially started learning to play the recorder the week of January 25th. Parents, please encourage your son/daughter to practice at home in a quiet place free of interference by pets or younger siblings. Each week there will be an assignment sheet sent home that explains what should be practiced.

All **fifth grade** classes will be playing xylophones and metallophones in music. Please encourage your son/daughter to bring his/her recorder to music class, as well.

Thanks for your help and support. Mr. Glander



FRANKFORT DISTRICT 157C FSP PRESENTS:

# FAMILY SPORT AND FITNESS NIGHT

FRIDAY FEBRUARY 12<sup>TH</sup>

CHELSEA INTERMEDIATE SCHOOL

DOORS OPEN AT 5:30/EVENT RUNS UNTIL 9:00PM

FREE ADMISSION FOR ALL!!!

\*PARMESANS WILL HAVE FOOD AND DRINK AVAILABLE FOR PURCHASE

\*SIMPLY SNO WILL HAVE AN ASSORTMENT OF FLAVORS OF SHAVED ICE AND COTTON CANDY  
AVAILABLE FOR PURCHASE

## DISC DOGS A2Z

See Ed Jakubowski and his amazing Frisbee dogs!  
As seen on ESPN, Animal Planet, Discovery Channel  
in addition to many other networks and shows!  
SHOW STARTS AT 7:45

FAMILY MARTIAL ARTS CLASSES AND EXHIBITION 5:30 – 7:00

BODY TECH TOTAL FITNESS WILL BE HOSTING SEVERAL FREE CLASSES THROUGHOUT THE EVENING FOR KIDS  
AND ADULTS

FREE ACTIVITIES FOR ALL AGES!

BOUNCE HOUSES ROCK CLIMBING PLAY Wii SPORT OR Wii FIT CUP STACKING

ENTER TO WIN ONE OF SEVERAL GREAT RAFFLE PRIZES INCLUDING:

IPOD TOUCH (with case+\$15 itunes gift card)

KODAK Zi8 FLIP VIDEO CAMERA

RIPSTIK

RAZOR POWERWING

\$1 PER CHANCE/WINNER MUST BE PRESENT

DRAWING TO IMMEDIATELY FOLLOW DISC DOG PERFORMANCE

♥NEED A LAST MINUTE VALENTINES DAY GIFT?♥

PLEASE VISIT THE MANY VENDORS THAT WILL BE ON HAND INCLUDING:

HOMEMADE GOURMET, DAN MCGEES, FRANKFORT PARK DISTRICT, MINDFUL MOVEMENTS,  
CUTE-N-TRENDY ACCESSORIES, HEALTHWIZE, INNOVATIVE HEALTH AND WELLNESS CENTER,  
LINCOLNWAY SPORTSPLEX, FRANKFORT FALCONWEAR, SOUTHWEST LASER AND MEDSPA,  
SPORTS AND SPINE CHIROPRACTIC, MASSAGE THERAPY AND SPA TREATMENTS BY KAREN WENBERG

